PSA

<u> Apr. 17 – Apr. 28</u>

The American Red Cross continues to face a critical blood shortage and is issuing an emergency call for eligible blood and platelet donors of all types to give NOW and help save lives. Blood donations are being distributed to hospitals faster than donations are coming in. Commit to give and make a difference. Use the Blood Donor App, visit RedCrossBlood.org or call 1-800-RED-CROSS to make an appointment.

Upcoming blood donation opportunities:

Visit www.redcrossblood.org (where you can download the FREE Red Cross Blood Donor App) or call 1-800-RED-CROSS to make your appointment:

Mon.	4/15	10:00-4:00	GLAR in Baxter
Wed.	4/17	10:00-4:00	Unity Bank in Pierz
Thurs.	4/18	11:00-5:00	Karvonen Funeral Home in Wadena
Thurs.	4/25	9:00-2:00	Aitkin High School in Aitkin
Fri.	4/26	11:00-5:00	First Lutheran Church in Brainerd
Mon.	4/29	12:00-6:00	St. John's Lutheran Church in Aitkin
Tues.	4/30	12:00-6:00	St. John's Lutheran Church in Aitkin

Cass County Public Health is hosting some upcoming walk-in **Immunization Clinics** for children who are on MA/MnCare or who are un- or under-insured.

Select immunizations are available for adults who are un- or under-insured:

Wed		9:30-11:30	Pine River-Backus Family Center in P.R.
Fri	4/12	10:00-12:00	Northland Area Family Center in Remer
Tues	4/16	10-12 & 1-2:30	Pillager Family Resource Center / Pillager
Tues	4/23	9:00 - 11:00	Cass Co. Health, Human & Vet. Serv

For more information, call 218-547-1340 ext. 246

Crow Wing County and **Lakes Area Law Enforcement** have come together to introduce **The Vitals App**. Vitals is the new app that helps protect people with visible and invisible conditions and disabilities by voluntarily communicating critical information to law enforcement and first responders. Each Vitals individual is assigned a Vitals beacon that transmits a private and secure signal to authorized first responders that are within 80 feet, allowing them temporary access to critical information that can help the individual and law enforcement de-escalate what could become a dangerous or emergency situation. To learn more, or to register for the service, visit TheVitalsApp.com or text VITALS to 797979.

Brainerd Lakes Area residents are encouraged to **turn in your empty toner and ink jet cartridges** at either of **The Office Shop** locations (Brainerd or Aitkin) for recycling. By doing so, you will be helping the **Zachary Johnson Kids with Cancer Fund.** The fund offers grants to surrounding area families with a dependent child (age 21 or under) who has any form of cancer. It can be used for anything that the patient or caregiver wishes. If you are interested in applying for a grant, contact Riverwood Foundation or stop at either Office Shop location. Or to donate, visit RiverwoodHealthCare.org/foundation/giving or call 218-927-5158.

The **City of Brainerd** will use **Crow Wing County Alert** powered by EverBridge to make sure you know about issues that may affect your safety. This system allows the City of Brainerd to contact thousands of residents in seconds, so you can find out about an emergency right away. Receive important messages from the City of Brainerd via email, phone, and much more! Get up-to-the-minute information about severe weather, road closures, snow emergencies, event cancellations, and much more! To register for the Crow Wing County Alert, visit ci.Brainerd.mn.us.

History and Brainerd Public Schools history, is made every day. The missions of **BPS Archives** are to protect and preserve the history of BPS, its students, graduates, teachers and staff through the collection and display of BPS-related artifacts. John Erickson, the BPS Archivist & Curator, is looking for artifacts, items and donations to BPS Archives that may currently be hidden away in your attic or basement just waiting to be displayed, talked about and appreciated. If you have any items (BHS letter jackets, flyers, photos, pamphlets, pins, crowns, etc) that you would like to donate to the cause, please call John at 218-330-1780 or send an email to <u>BPS.History@isd181.org</u>.

In an effort to provide a safe environment to share stories, provide support and education to those who have lost a loved one to suicide, a **Survivors of Suicide Loss Support Group** invites you to its bi-weekly **Monday** meetings on the first and third Monday of each month. The group meets from 7:00-8:30 at Lutheran Church of the Cross on County Road 13 in Nisswa. This is a group for adults only. With guestions, contact Jeri Borgwarth at jeriborg@hotmail.com

The **Crossing Arts Alliance** in downtown Brainerd offers fun **events for KIDS** every **second Saturday** of the month from 10:00 to 11:30... AND from 12:00-1:30. A \$3 per child (or \$5 per family) donation for materials is requested (but no child will be turned away for inability to pay). Pre-registration IS REQUIRED for the classes. **Apr. 13** Watercolor Painting

May 11 Figure Studies

For more information and to register (required), visit CrossingArts.org.

If you are looking to **volunteer** more in 2019, please visit the **United Way of Crow Wing and Southern Cass County**'s website at UnitedWayNow.org. There, you can click on the Volunteer tab. Choose the organizations you'd like to help or the people you'd like to work with and the United Way will send you notifications when volunteer opportunities arise that you have chosen! No commitment... Just Volunteer... make a difference – visit UnitedWayNow.org.

Free **federal tax forms and instructions** on how to file the forms are now available in limited quantities at the **Brainerd Public Library**. The Internal Revenue Service has provided forms and instructions for the 1040 and the new Schedules 1-6. For all other forms, Kitchigami Library System patrons may use the library computers to access them online, and printing will be available for 15 cents per page. Computer access is free for anyone with a library card in good standing. For more information call 218-829-5574 or visit the library's Facebook page at facebook.com/brainerdpubliclibrary.

Having cancer is often one of the most stressful experiences in a person's life. But support groups help many people cope with the emotional aspects of cancer by providing a safe place to share and work through feelings and challenges. **Any female with a cancer** diagnosis is invited to this **supportive and caring group** facilitated by professionals and meets the second Friday of the month from 11:30 a.m.-1:00 p.m. at Essentia Health-St. Joseph's Medical Center. Speakers will also be asked to attend and discuss various topics throughout the year. For more information about the Women's Cancer Support Group please call 218-828-7685.

Ruby's Pantry is a non-profit food ministry serving rural communities. There are no income qualifications to participate in Ruby's Pantry – Ruby's Pantry is for everyone who eats and would like to save on their grocery budget. Ruby's Pantry is "a hand up, not a hand out." For a \$20 cash donation you will receive a "share" with up to \$120 or more worth of groceries. There are no limits of how many shares that can be purchased at this time. Ruby's Pantry food distribution for the Brainerd Area is at the National Guard Armory the **2nd Tuesday of the month**. Food distribution begins at 11:00 a.m. and ends at 12:30 p.m. Ruby's Pantry has no government funding. It is primarily funded by the contributions of our guests. Participants should bring containers to put their food in. Contact The Journey North Community Church at 218-824-5617 about volunteer opportunities at Ruby's!

Everyone in **Brainerd School District 181** are invited to review and provide feedback on the schematic design for the new drop-off and pick-up zones and controlled entrance at **Forestview Middle School** in Baxter. Visit the Forestview page on **Blueprint181.org** to review the plans and submit input. A computer is available for public use in the Welcome Center, 8 a.m. - 4 p.m., Monday- Friday at the Washington Educational Services Building, 804 Oak Street in Brainerd. The input submitted by the public will be shared with the Board of Education and the project oversight team for consideration.

The **Minnesota Department of Health** is recommending that all homes in MN be tested for radon every 5 years. Radon is an odorless, colorless and tasteless gas that occurs naturally in the soil and can enter home through cracks and openings in floors and walls. Crow Wing County is providing **FREE RADION TESTING KITS** to residents who want them. The test kits are available in the CWC Land Services building at 322 Laurel Street behind the historic courthouse. There is a limit of one kit per household. Testing is easy and takes 3 days to get your results. If you have questions, call 824-1010.

Time to start prepping your team for the **16th Annual Good Sam Bowl** coming to Jack's House **May 5th & 6th!** Organize your team, make a pledge, contribute a prize, sponsor a bowler, donate to the silent auction or simply make a tax-deductible donation! For more information or to reserve a lane, call 825-2505.

Attention, drivers! Spring is here, and along with sun and warmth you can expect post-winter road hazards-like pot holes, uneven pavement, springtime showers, and an increased number of cyclists and pedestrians. Did you know that 2018 was the deadliest year for pedestrians since 1990? This spring, slow down on wet roads, avoid potholes, and stay on the lookout for pedestrians and cyclists.

The **Nisswa Chamber of Commerce** is accepting **nominations for the 2019 Nisswa Citizen of the Year**. Nominees should be outstanding servants of Nisswa, demonstrating passion and commitment toward the betterment of their community. Those nominated do not need to be Chamber members, or do they need to be citizens of Nisswa. Summer residents qualify. To nominate a candidate, submit a written letter, postmarked no later than Mon. Apr. 29th. For more information, visit Nisswa.com or call 963-2620.

Central Lakes College is proud to announce that **Mary Aarlgaard, Play Off the Page**, will be offering youth theater workshops this June for students entering 1st through 4th and 5th-9th grades. Those entering 1st-4th grades will have the opportunity to create their own characters and work together to create a play. They will meet from 10:00-12:00 June 10-14, *but must register BY JUNE 7th*. Those entering th-9th grades will meet from 10:00-12:00 June 17-21 and *must register by June 14th*. Both workshops will meet in Dryden Theater at CLC Brainerd Campus. Registration fee is \$55/ person and is non-refundable. To register call 218-855-8253.

<u>4/15 - 4/21</u>

Do you have **what it takes to "March the Mississippi?" The Cuyuna** Regional Medical Center encourages Crow Wing County residents to sign up for their **2019 Community Health Challenge**, which will give adults 18+ extra motivation to start – or keep – exercising as we head through spring! From April 1-June 20th, log your own miles as the community tries to "walk" the length of the Mississippi River "from Lake Itasca to the Gulf of Mexico" and back! As a community, we need to log 4,700 miles! At the end, one participant will randomly be chosen to win a travel voucher worth \$2,000! **The deadline to register is April 15th...** Register and learn more at CRMCHealthChallenge.org

As part of a "Get Prepared" Senior Series, the public is invited to "OLD AGE IS NOT FOR SISSIES" event at the Pine River United Methodist Church on Tues. Apr. 16th from 1:00-3:00. This presentation is entitled "More Changes?" and will feature St. Croix Hospice and Making a Plan. There is no charge to attend, just information. Bring your questions with you!

Join the **Brainerd Lakes Area Community Foundation** for the **Brainerd Lakes Area Women Making Waves Dinner** on **Tues. Apr. 16**th at the Arrowwood Lodge at Brainerd Lakes. The dinner will run from 5:30-8:30 and the event will honor the 2019 Women Making Waves Award Recipient, Ruth Gmeinder. Register online at CommunityGiving.com/Events

Lights, Camera, Action... it's Movie Night at **Central Lakes College** as **CLC Performing Arts** presents the film "**Neither Wolf Nor Dog**" at **Tues. Apr. 16**th at 6:30 pm at the Chalberg Theater in Brainerd. Adapted from the acclaimed novel Neither Wolf Nor Dog by Kent Nerburn, the story follows a white author who gets drawn into the heart of contemporary Native American life in the sparse lands of the Dakotas by a 95 year old Lakota elder and his side-kick. The film is 110 minutes. Tickets are \$5 and can be purchased online at CLCPerformingArts.com or by calling 855-8199.

Children of all ages are invited to join us for the **Eagle Readers story time** on **Wed., Apr. 17th,** at 10:30 AM at the **Brainerd Public Library**. This month the stories and craft will have a Hopping Into Spring theme. The five activities used at story time, talking, singing, reading, writing, and playing, are essential to help children read. The Eagle Readers story time is presented every third Wednesday of the month at 10:30 AM by the Daughters of the American Revolution, and is free of charge to the public. For more information or to register, contact the library at 218-829-5574 or visit the library's Facebook page at www.facebook.com/brainerdpubliclibrary.

As part of the **Alzheimer's Education Series**, the public is invited to a class entitled "**Understanding & Responding to Dementia Related Behaviors**" on **Wed. Apr. 17**th at Heartwood Senior Living in Crosby. Learn how to decode some behavioral messages, identify common behavior triggers and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's Disease. The class will run from 5:30-7:00. Registration is required. To register, please call 218-998-3603 or send an email to <u>KLund@alz.orq</u>.

The **Brainerd Public Library** is offering **free classes** to area residents who are new to **computers**, haven't used them for a while, are a little unsure and uncomfortable, or need a refresher. All of the classes are taught using computers equipped with Windows 10 and Microsoft Office 2013, unless otherwise noted. Class size is limited to 10 students and those interested can register by calling 218-829-5574. An introduction to Microsoft Word 2013 will be held on **Thursday**, **April 18** from 2:30-4:30 p.m., and will cover how to type and edit a letter using Word's tools and features, as well as saving and sharing files. The ability to use a mouse and keyboard is required. Classes are taught by Laurel Hall, public services library assistant at the Brainerd Public Library.

There are too many hurting kids in Minnesota. 2 moms, with 1 mission, are **Stepping UP** to do something about it. Attend a meeting to learn who the hurting kids are in our community and how we can all Step UP to make a difference. A Step UP MN Meeting will be held **Thurs., Apr. 18th** from 6-7pm at the **Brainerd Public Library**. For more information: http://www.StepUpMN.org or call 651-373-3457.

Take the kids to **Pequot Lakes** for its annual **Easter Egg Hunt** on **Sat. Apr. 20th** from 9:00-11:00. The hunt and activities will take place in and around the Trailside Center starting at 9:00. The egg hunt starts at 10:00. Enjoy crafts, cookies and coffee AND have your photo taken with the Easter Bunny! The event is free to attend. For more info, PequotLakes.com.

Brainerd Lakes Area Women of Today and **ECFE** invite you to an **Easter Party** at the District #181 Learning Center on Sat. Apr. 20th from 10:00-12:00. Guests will get to make crafts, frost an Easter cookie, play games and have a photo taken with real live bunnies. The cost is \$3 per child. Adults are free with a non-perishable food item to donate to the food shelf. Money raised will be donated to the ECFE scholarship fund. With questions, call 851-0459.

Join the fun at the **NPC** (Northern Pacific Center) **Market and Easter Egg Hunt** on **Sat. Apr. 20**th from 10:00-12:00. Admission is free and guests will enjoy another great market with an Easter theme and an egg hunt for the kids. Prizes will be awarded in different age groups from under 2 up to 10 years old. For more info, visit NPC1871.com.

The **Brainerd Parks and Recreation Department's** annual **Easter Egg Hunt** will take place at 10 a.m. sharp, on **Sat., April 20**, in Gregory Park. Participants should consider parking and arriving early to receive instructions for the egg hunt as the event begins promptly at 10 a.m. Participants should bring their own bag or basket to gather eggs. The Easter Bunny will be present for photos. There is no charge for the event. (In case of inclement weather persons should call the Brainerd Parks and Recreation cancellation line at 218-961-6006.)

The first ever **Brainerd Easter "Ball" Hunt** will take place at 2 p.m. sharp on **Sat., April 20**, at Buster Park in Brainerd. The Easter Bunny will hide tennis balls in the dog park as well as along the Kiwanis Park trail. Each dog gets to keep one tennis ball and any other tennis balls must be turned in. All friendly dogs are welcome, however, all dogs must be on leash from 2 p.m. – 3 p.m. including inside the dog park during the event. The Easter Bunny will be available for photos with your dog. The free event is sponsored by Brainerd Parks and Recreation and the Brainerd Tennis team donated tennis balls. In case of inclement weather persons should call the Brainerd Parks and Recreation cancellation line at 218-961-6006.

The annual **Easter egg hunt** sponsored by the **Pierz Lions Club** takes place on Sat., Apr. 20 at 11 a.m. sharp on the Pioneer Elementary School playgrounds in Pierz. To give everybody a chance to find some of the candy-filled plastic eggs, children will be divided into three age groups: ages 0 - 3, 4 - 6 and 7 - 10. Due to construction, parents are asked to park at the softball fields east of the school, which are accessible from County Road 39. Watch for signs. Members of the Lions Club will be directing children where to go. The Easter Bunny will be making a guest appearance to visit with kids and pose for pictures. Visitors are welcome to bring a camera to capture the moment. Plans are to hold the event outdoors even if it is a little chilly or there is snow on the ground, so dress appropriately. All area families are welcome to join in the fun and celebrate the coming of spring.

There will be a **Community Egg Hunt** held on **Sat. Apr. 20**th at **Central Lakes College – Staples campus** starting promptly at 1:00. Bring your kids under 10 years old to hunt for eggs – there will be areas designated for different age groups. Free pictures with the bunny will be provided. For more info, send an email to <u>EHeppner@clcmn.edu</u>.

The public is invited to **Easter In The Garden** at **Landsburg Landscape Nursery** on **Sat. Apr. 20**th from 10:00-2:00. The event will feature live animals, an all day easter egg hunt, kids activities, live music and more. They ask that you bring a canned good to donate to the food shelf. Admission is free, but there will be a small fee for select make n' take craft.

The **Friends of Linden Hill** will host the first annual **Community Egg Hunt** on Sat., Apr. 20th at 11:00am sharp on the upper grounds. Area businesses are donating over 10,000 treat-filled eggs that will be hidden throughout the Linden Hill estate. This FREE event is open to kids ages 12 and under and their families and will begin at 11am sharp from the pavilion building. We heard there will also be an appearance from a special bunny rabbit, so be sure to bring your cameras. We hope you will join us for a "hopping" good time!

Join the **Pine Center Sportsmen's Club** for our annual **Easter Egg hunt** at Jr's Junction in Brainerd on Sat. Apr. 20th. Registration will begin at 12:00 and the hunt will start at 1:00 with the youngest children collecting first. As always, adults will have the chance to hunt in the big field. The event runs until 4:00. *Reminder* bring your own basket or bag for egg collecting, the club will not provide them. Hope to see you all there!

4/22 - 4/28

The **Cuyuna Regional Medical Center** is scheduled to host another **Menopause Mayhem** event on **Tues. Apr. 23rd** at The Woods in Merrifield. There will be educational booths, brief presentations, mini spa services, appetizers and wine. The event is free to attend, but reservations are REQUIRED at CuyunaMed.org and click on events.

As part of the **Alzheimer's Education Series**, the public is invited to a class entitled "**Healthy Living for Your Brain & Body: Tips from The Latest Research**" on **Wed. Apr. 24**th at Heartwood Senior Living in Crosby. This free class will talk about ways to make lifestyle choices that may help you keep your brain and body healthy as you age. The free class will run from 5:30-7:00pm. Registration is required. To register, please call 218-998-3603 or send an email to KLund@alz.org.

Join the Brainerd Lakes Chamber for another **Business After Hours** on **Tues. Apr. 23rd** at **Frandsen Bank & Trust**. Business After Hours runs from 4:30 to 6:00 and guests are encouraged to bring their business cards, be ready to network, have fun, learn more about this chamber business and maybe win a prize! Prairie Bay Grill & Catering will be serving BBQ meatballs, sundried tomato crostini, Jamaican jerk chicken skewers with pineapple sauce & coconut, honey apple brie bites, cucumber lox with dill, veggie tray with dipping saw and brownie bites. Guests will enjoy infused water, wine and pop. Fransen Bank and Trust will be giving away a gift card to Bar Harbor, a coffee lovers basket and summer grilling basket! Must be present to win. Registration is strongly encouraged. Visit the Brainerd Lakes Chamber website to RSVP or call call (218) 829-2838.

Motley United Methodist Church invites the public to a **Spring Chicken Dinner** on **Wed. Apr. 24**th from 4:30-6:30. The cost is \$10 for Adults... \$5 for those 6-12...age 5 and under are free. M.U.M.Church is at 847 3rd Ave. S. in Motley.

Our Savior's Lutheran Church in Pequot Lakes presents its **Mother-Daughter Banquet** on **Wed. Apr. 24**th starting at 6:30pm. The event features a Glamorous Fashion Show, special music, devotions and door prizes. The cost is \$8 for adults... \$4 for children ages 6-12... 4 and under are free.

Crow Wing County Household Hazardous Waste (HHW) facility will open for the season on **Wed., April 24**th, at the Crow Wing County Landfill. This is a free service for all Crow Wing County residents. The HHW facility will be open the second Wednesday and second Saturday of each month from 8:00 a.m. to 4:00 p.m., May through September. In October HHW will be open the first Wednesday and first Saturday from 8:00 a.m. to 4:00 p.m.

The Brainerd Lakes community is invited to a **Wycliffe Associates banquet** on **Tues. Apr. 30th** at 7:00pm at the Arrowwood Lodge. Banquet guests will hear how God is working amid civil unrest, tribal wars, spiritual warfare and persecution against Christians to advance Bible translation faster than ever before. Dinner reservations are required. For tickets, call 218-330-4433 **NO LATER THAN THURS. APR. 25th**.

Open For Business, a small business solutions roundtable, will be held **Thurs. Apr. 25**th at the Jack Pine Brewery in Baxter from 5:30-7:00. LPL Financial advisor Christian Barnett, CFP, will lead a roundtable discussion on the topics critical to the longevity of small business success, including retirement plans, insurance plans, cash management services and personal wealth management. RSVPs are required. Call Sylvie at 218-316-7187.

Minnesota Adult & Teen Challenge invites the public to its annual **Brainerd Gala** on **Thurs. Apr. 25**th at Cragun's Resort on Gull Lake. The silent auction starts at 5:15 with dinner and program starting at 6:45. Tickets are \$40 and can be purchased online at MNTC.org. They are looking forward to a special night with you, connecting and raising funds for the life-changing work of Mn Adult & Teen Challenge. You will also hear their clients share powerful stories and songs of hope.

Friends of the Brainerd Public Library will host its annual **Spring Book Sale** at the Westgate Mall in the former Foot Locker location for three days. Thurs. & Fri. Apr. 25 & 26 from 9:00-7:00 and on Sat. Apr. 27th from 9:00-4:00. Most books will 50 cents, most children's books are a quarter, and premium books are priced as marked. Come early and come often!

People who love to read books will be thrilled by the huge selection of books which will be available for purchase at **The Little Falls Friends Of The Carnegie Library semi-annual book sale** which will be held from **Thurs. Apr. 25th through Sat. Apr. 27th.** As usual, thousands of "gently used" mysteries by authors such as John Sanford, romances by Danielle Steel, westerns by Louie LaMoure, and science fiction books by David Weber and others will be available. In addition, hundreds of children's books, religious books, and other fiction and non-fiction books will be sold. Prices for the books will be \$1.00 or less and a special \$2.00 a bag sale will be held on Saturday the 27th. (A special members only sale will be held on **Wednesday April 24th** from 5:00 to 7:00pm.) Hours for the public sale are Thursday from 10:00am to 7:00pm, Friday from 12:00 to 6:00pm, and Saturday from 10:am to 3:00pm. For more information contact Bob ONeill at 320- 632-6801 or Cindy Bruggentheis, library services coordinator, at 320-632-9676.

Peter Mayer returns to **Grassroots Concerts** on **Fri., Apr. 26**th for a 7:30 p.m. show in Nisswa at the Live Well Nightclub and Coffee Bar in Nisswa. Mayer has graced the Grassroots stage on three previous occasions – most recently in 2013. His next visit follows the October release of an 11th album, "Catching Rain." The Live Well Nightclub and Coffee Bar in the Journey Church is located at 5459 CR 18, next to the Nisswa School. Doors open at 6:30 and admission is \$10 for adults, \$5 for children under 12 with listening attention when accompanied by an adult. Seating is first-come, first-served. At each concert Grassroots welcomes your nonperishable food or cash donation to the local food shelf.

The **Mid Minnesota Builders Association** presents the **2019 Spring Lakes Area Home Tour**, **Fri. through Sun.**, **Apr. 26-28**. The free self-guided tour will take guests to homes in Nisswa, East Gull Lake, Brainerd and Pillager where they will see the latest and greatest when it comes to new homes and the latest in materials and technology being used by today's builders. The show runs Friday and Saturday from 12:00-6:00....and Sunday, from 12:00-4:00. For more information and a map to the homes, visit MidMNBA.org

The Brainerd Jaycees annual Run For The Lakes will be taking place on **Fri. Apr. 26th and Sat. Apr. 27th** starting and ending in Nisswa. On Friday, registration will take place starting at 2:00 with a 1K Kids Fun Run at 6:30...and a 5K Run/Walk at 6:45, both starting and ending at the Nisswa Community Center. On Saturday, late packet pick-up will start at 6:30. The Full, Half and Relay Marathon will start at 8:00... the 10K will start at 8:30 with awards ceremonies to follow at the Nisswa Community Center. There is also a ZerOK that will "start" at 12:00. To register, visit RunForTheLakes.com.

The public is invited to the **First Annual Crosslake Power of Aging Expo** on **Sat. Apr. 27th** at The Log Church in Crosslake. Staring at 8:00am, there will be over 25 exhibitors showcasing services and opportunities for Crosslake area seniors. Mini talks will also be taking place during the day. Food vendors will be on hand. Featured Keynote Speaker will be retired WCCO Sportscaster, Mark Rosen. The event is free to attend and will end around 12:45.